

You are not alone...

1 in 4 Americans  
is a Family Caregiver

You are one of Nebraska's most  
valuable natural resources.



Your link to Nebraska's  
caregiver Web site:  
[Answers4Families.org](http://Answers4Families.org)



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## THE ELDER *Care* CONNECTION



Do you assist  
with care for  
a parent, spouse  
or disabled  
family member?

If so, you are a  
**FAMILY CAREGIVER**  
and may qualify for many  
free or low cost services.

PLACE  
STAMP  
HERE

# THE ELDER*Care* CONNECTION

The ElderCare Connection helps family Caregivers choose from a variety of services to assist them and their family members.



## You Are a Family Caregiver if You:

- ♥ wish to have a loved one stay at home as long as possible
- ♥ help with transportation and chores
- ♥ check on the older loved ones well being regularly
- ♥ assist with financial details and decisions
- ♥ assist with daily care of an older loved one

## Caregiver Services:

Respite



Personal Information & Assistance



Support Groups



Health & Wellness Assessments



Caregiver Skill Building

## Service Connections:

Homemakers



Personal Care



Transportation to Medical Appointments



Minor Home Repair



Emergency Response System



Senior Companions/  
Friendly Visitors



Special Equipment

## Your Connection to ELDER*Care* and Aging Services

Butler County Senior Services  
402-367-6131

Fillmore County Senior Services  
402-759-4921

Lincoln/Lancaster LIFE Office  
402-441-7070

Polk County Senior Services  
402-764-8227

Saline ElderCare  
402-821-3330

Saunders County  
402-443-4603

Seward County Aging Services  
402-761-3593

York County Aging Services  
402-362-7626



Family Caregiver Health & Wellness  
Assessments in All Counties  
402-441-7575

For All Programs In All Counties  
1-800-247-0938

***ElderCare Connection Programs  
are part of Aging Services /  
Lincoln Area Agency on Aging.***